

JANUARY 2024

Walnut Ridge School

LUNCH



**This school is an equal opportunity provider.
Menus are subject to change.
Each tray comes with assorted fruit and 8oz
of milk**



Nutrition Tip: Help with food waste by getting creative with leftovers
and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

Christmas Break

1

No School

TUESDAY

Christmas Break

2

No School

WEDNESDAY

Chicken Nuggets
Mashed Potatoes
Green Beans
WG Roll

3

THURSDAY

Taco Salad
Pinto Beans
Lettuce/Cheese/Salsa

4

FRIDAY

Pizza
Romaine Salad Ranch
Corn

5

HS Crisпитos

Chicken Nuggets
Loaded Mashed Potato
Peas & Carrots
WG Roll

8

Cheeseburger
Spicy Fries
Lettuce/Pickle

9

Burrito
Chips/Salsa
Black Beans

10

Spaghetti
Spinach Salad/Ranch
WG Breadstick

11

Pizza
Romaine Salad Ranch
Corn

12

HS Crisпитos

**Martin Luther
King Jr Day**

15

No School

Chicken Sandwich
Crinkle Cut Fries
Lettuce/Pickle/
**HS Spicy Chicken
Sandwich**

16

Crisпитos
Black Eyed Peas
WG Goldfish

17

Chili
Fritos/Cheese
Spinach Salad/Ranch

18

Pizza
Romaine Salad Ranch
Corn

19

HS Crisпитos

Popcorn Chicken
Veggie Rice
Great Northern Beans
WG Roll

22

Cheeseburger
Spicy Fries
Lettuce/Pickle

23

Cheesy Pull Apart
Marinara
Carrots/Broccoli/Ranch
WG Chocolate Chip
Cookie

24

Mini Corn Dog
Mac & Cheese
Fried Okra

25

Pizza
Romaine Salad Ranch
Corn

26

HS Crisпитos

Chicken Nuggets
Sweet Potatoes
Steamed Broccoli
WG Roll

29

Hot Dog
Baked Chips
Carrots/Celery/Ranch

30

HS Ham Sandwich

Taco Soup
WG Crackers
Spinach Salad/Ranch

31

